



General Information about Myelograms

This test will provide important information about your spinal cord and the space surrounding it.

What is it?

A Radiologic (x-ray) examination used to detect injuries, herniated discs, enlarged blood vessels and other abnormalities, especially compression of the spinal cord. Also it is used to detect injuries to the nerve roots branching off the spinal cord.

Preparing for your Myelogram: Please bring any outside imaging to our facility with reports at time of appointment.

- Please arrive 30 minutes prior to your appointment, check in at suite 102
- If you suspect your pregnant notify your doctor immediately before scheduling test
- If you are allergic to iodine contrast “x-ray dye” please report this to your doctor and us at the time of scheduling
- If you are diabetic notify your doctor prior to scheduling your myelogram for management
- If you have a history of seizures, or epilepsy and are taking medications for this, please notify your doctor and our facility at time of scheduling
- If you are taking any prescribed medications, please notify your doctor and our facility prior to the exam so we may give you specific instructions regarding your particular medicines
- Do not eat or drink anything 6 hours prior to your test
- Hydrate well with water the day before your test
- Bathe or shower the morning of your test in order to help minimize the chance of infection and because you will not be allowed to following the myelogram for 24 hours
- You must bring a family member or friend to drive you home afterwards
- You may expect to remain at our facility for 1.5-2 hours